

Well Child Check-up and Vaccine Schedule

Lori McAuliffe MD PA

First Week of Life:

You should schedule your baby's first appointment for the day after you will be discharged from the hospital. Please call our office to schedule a convenient time. At this visit, Dr. McAuliffe and her staff will weigh your baby and measure his/her length and head circumference, review your baby's prenatal and birth history, discuss feeding, sleeping, peeing/pooping and development, perform a complete physical examination, and answer any questions you may have (don't be afraid to bring a list!). If your baby did not have/pass a newborn hearing screen in the hospital, this test will be done in the office. We are also happy to trim (and teach how to trim) sharp little baby fingernails for you.

2 Weeks of Life:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development, perform a complete physical examination, and answer any questions you may have. You will be asked to complete a post-partum depression screen to help us help you with any "baby blues" you might be experiencing. In addition, Dr. McAuliffe will likely have results of your baby's newborn metabolic screen at this visit. This test was done while your baby was in the nursery and rules out serious (but rare and treatable) metabolic disorders (like thyroid disease, cystic fibrosis, PKU, and sickle cell anemia, etc.).

1 Month of Age:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development, perform a complete physical examination, and answer any questions you may have. You will be asked to complete a post-partum depression screen to help us help you with any "baby blues" you might be experiencing.

2 Months of Age:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development, perform a complete physical examination, and answer any questions you may have. In addition, your baby will receive his/her first set of childhood vaccines. These will include the DTaP (Diphtheria, Tetanus, and Acellular Pertussis) #1 (of 5), IPV (Inactivated Polio Virus) #1 (of 4), Hib (Haemophilus Influenza type B which causes meningitis) #1 (of 3), Hepatitis B #1 or 2 (of 3), Prevnar (against Pneumococcus which causes meningitis) #1 (of 4) injections. Your baby will also receive the oral Rotavirus vaccine #1 (of 2). Dr. McAuliffe will discuss vaccine safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol for fever or fussiness. You will be asked to complete a post-partum depression screen to help us help you with any "baby blues" you might be experiencing. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. Forms are available on our website (www.4moms4kids.com) if you want to complete them before your visit.

4 Months of Age:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, perform a complete physical examination, and answer any questions you may have. In addition, your baby will receive his/her DTaP #2 (of 5), IPV #2 (of 4), Hib #2 (of 3), Hepatitis B #2 (of 3), Prevnar #2 (of 4), and Rotavirus #2 (of 2). Dr. McAuliffe will discuss vaccine safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol for fever or fussiness. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will be asked to complete a post-partum depression screen to help us help you with any "baby blues" you might be experiencing.

6 Months of Age:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, perform a complete physical examination, and answer any questions you may have. In addition, your baby will receive his/her DTaP #3 (of 5), IPV #3 (of 4), Hepatitis B #3 (of 3), Prevnar #3 (of 4), and Hib (if needed). The flu vaccine will also be given annually during well visits during the months of September through March but is NOT recommended on the same day as Prevnar. The first year getting a flu shot requires two doses one month apart. The COVID 19 vaccine is also available beginning at this age. Dr. McAuliffe will discuss vaccine safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol or Infant's Advil/Motrin for fever or fussiness. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will be asked to complete a post-partum depression screen to help us help you with any "baby blues" you might be experiencing. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your baby's developing teeth.

9 Months of Age:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, perform a complete physical examination, and answer any questions you may have. The flu vaccine will also be given annually during well visits during the months of September through March. Dr. McAuliffe will discuss shot safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol or Infant's Advil/Motrin for fever or fussiness. In addition, your baby will have a finger-stick blood test (complete blood count) to screen for anemia and complete a tuberculosis risk assessment to screen for exposure to tuberculosis. Your child will also be tested for lead exposure at this visit. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your baby's developing teeth.

12 Months of Age:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, perform a complete physical examination, and answer any questions you may have. In addition, your baby will receive his/her MMR (Measles, Mumps, Rubella) #1 (of 2), Prevnar #4 (of 4), and Hepatitis A (to protect against food borne illness) #1 (of 2). The flu vaccine will also be given annually during well visits during the months of September through March but is NOT recommended on the same day as Prevnar. Dr. McAuliffe will discuss vaccine safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol or Infant's Advil/Motrin for fever or fussiness. Photo-screen vision testing will be attempted as will OAE hearing testing. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your baby's developing teeth.

15 Months of Age:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, perform a complete physical examination, and answer any questions you may have. In addition, your baby will receive his/her Varivax (Chickenpox #1 (of 2) and Hib #3 (of 3)). The flu vaccine will also be given annually during well visits during the months of September through March. Dr. McAuliffe will discuss vaccine safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol or Infant's Advil/Motrin for fever or fussiness. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your baby's developing teeth.

18 Months of Age:

Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development (including speech) using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, perform a complete physical examination, and answer any questions you may have. In addition, your baby will receive his/her DTaP #4 (of 5) and Hepatitis A #2 (of 2). The flu vaccine will also be given annually during well visits during the months of September through March. Dr. McAuliffe will discuss vaccine safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol or Infant's Advil/Motrin for fever or fussiness. You will also be asked to complete an Ages and Stages Questionnaire and an MCHAT (Modified Checklist for Autism in Toddlers) questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your baby's developing teeth.

24 Months of Age:

Dr. McAuliffe and her staff will weigh and measure your child, discuss growth and development (especially speech) using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, perform a complete physical examination, and answer any questions you may have. Your child's height to weight percentage will be discussed to be sure it is in the healthy range. In addition, your baby will have a finger-stick blood test (complete blood count) to screen for anemia

and lead exposure. Your child will also be tested for lead exposure at this visit. Photo-screen vision testing will be attempted as will OAE hearing screening. Dr. McAuliffe will discuss vaccine safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol or Infant's Advil/Motrin for fever or fussiness. You will also be asked to complete an Ages and Stages Questionnaire and an MCHAT (Modified Checklist for Autism in Toddlers) questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your child's developing teeth.

30 Months of Age:

The American Academy of Pediatrics recommends that toddlers have a visit between their 2nd and 3rd birthday to reassess their growth and development with particular attention to speech, behavior, and diet. Dr. McAuliffe and her staff will weigh and measure your baby, discuss growth and development, perform a complete physical examination, and answer any questions you may have. There are no routine tests/vaccines at this visit, but we will use this opportunity to offer any vaccines which may have been delayed. The flu vaccine will also be given annually during well visits during the months of September through March. Dr. McAuliffe and her staff will discuss vaccine safety and possible reactions and instruct you how, when, and in what amount to give Infant's Tylenol or Infant's Advil/Motrin for fever or fussiness. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your child's developing teeth.

3 Years of Age:

Dr. McAuliffe and her staff will weigh and measure your child and record your child's blood pressure, discuss growth and development using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, perform a complete physical examination, and answer any questions you may have. Your child's Body Mass Index (BMI) will be calculated to be sure it is in the healthy/non-overweight range. If your child is able, a routine urinalysis is recommended as are vision and hearing screenings. The flu vaccine will also be given annually during well visits during the months of September through March. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your child's developing teeth.

4 Years of Age:

Dr. McAuliffe and her staff will weigh and measure your child and record your child's blood pressure, discuss growth and development using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, screen for vision, color blindness or hearing problems, and perform a complete physical examination and answer any questions you may have. Your child's Body Mass Index (BMI) will be calculated to be sure it is in the healthy/non-overweight range. A routine urinalysis is also recommended. In addition, your child will receive his/her MMR #2 (of 2) and the Varivax #2 (of 2). The flu vaccine will also be given annually during well visits during the months of September through March. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development. You will also be asked to complete a Bright Futures pre-visit Parent Concerns questionnaire to be reviewed at your visit. These are available at the office or can be found on our website at www.4moms4kids.com. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your child's developing teeth.

5 Years of Age:

Dr. McAuliffe and her staff will weigh and measure your child and record your child's blood pressure, discuss growth and development using the American Academy of Pediatrics recommended Ages and Stages Questionnaire, screen for vision or hearing problems, and perform a complete physical examination and answer any questions you may have. Your child's Body Mass Index (BMI) will be calculated to be sure it is in the healthy/non-overweight range. A routine urinalysis is also recommended. In addition, your child will receive his/her DTaP #5 (of 5) and IPV #4 (of 4). The flu vaccine will also be given annually during well visits during the months of September through March. Other tests at this visit include screening for elevated cholesterol levels and a complete blood count. You will also be asked to complete an Ages and Stages Questionnaire to assist Dr. McAuliffe in evaluating your child's development and learning. You will also be asked to complete a Bright Futures pre-visit Parent Concerns questionnaire to be reviewed at your visit. These are available at the office or can be found on our website at www.4moms4kids.com. You will also be asked to complete an Oral Health Risk Assessment to help us help you care for your child's developing teeth.

6 to 11 Years of Age:

It is a good idea for your child to have an annual physical examination to ensure good health and sports participation. The Academy of Pediatrics recommends annual well physicals in children in this age group. An annual urinalysis is recommended to rule out infection, kidney disease and diabetes as are annual vision and hearing screenings. Well physicals are an excellent opportunity to discuss any school or behavior problems you may be having as well as to initiate discussions regarding pubertal development. We will take this opportunity to update any needed immunizations. The flu vaccine will also be given annually during well visits during the months of September through March. You will also be asked to complete a Bright Futures pre-visit Parent Concerns questionnaire to be reviewed at your visit. These are available at the office or can be found on our website at www.4moms4kids.com. You will also be asked to complete an Oral Health Risk Assessment at age 6 years to help us help you care for your child's developing teeth as well as a Patient Health Questionnaire at age 11 to help assess any risk/red flags for depression.

12 Years of Age:

Dr. McAuliffe and her staff will weigh and measure your child and record your child's blood pressure, discuss growth and development, screen for vision or hearing problems, and perform a complete physical examination and answer any questions you may have. A routine urinalysis is also recommended to rule out infection, kidney disease and diabetes. In addition, your child will receive his/her Tdap and the Meningococcal vaccine against meningitis ACYW (called Menveo #1 (of 2) against a deadly meningitis caused by Neisseria). It is recommended that all girls have an annual CBC once they begin menstrual cycles. You will also be asked to complete a Bright Futures pre-visit Parent Concerns questionnaire to be reviewed at your visit. These are available at the office or can be found on our website at www.4moms4kids.com. Your child will also be asked to a Patient Health Questionnaire to help assess any risk/red flags for depression.

13-15 Years of Age:

Dr. McAuliffe and her staff will weigh and measure your child and record your child's blood pressure, discuss growth and development, screen for vision or hearing problems, and perform a complete physical examination and answer any questions you may have. A routine urinalysis is also recommended to rule out infection, kidney disease and diabetes. Other tests at this visit include screening for elevated cholesterol levels in those with elevated BMI and a complete blood count for all menstruating girls. A routine urinalysis is also recommended to rule out infection, kidney disease and diabetes. It is recommended that both girls and boys begin their HPV (human papilloma vaccine) series (a 2 or 3 dose series). This vaccine protects against oral, esophageal, and genital cancer. These are the current recommendations of the American Academy of Pediatrics. The flu vaccine will also be given annually during well visits during the months of September through March. You will also be asked to complete a Bright Futures pre-visit Parent Concerns questionnaire to be reviewed at your visit. These are available at the office or can be found on our website at www.4moms4kids.com. Starting at 15 we ask your teen to complete a confidential pre-visit questionnaire. This is also available at the office or can be found on our website at www.4moms4kids.com. Your child will also be asked to a Patient Health Questionnaire to help assess any risk/red flags for depression as well as a CRAFFT questionnaire to assess for risk of substance use/abuse.

16 to 21 Years of Age*:

Dr. McAuliffe and her staff will weigh and measure your child and record your child's blood pressure, discuss growth and development, screen for vision or hearing problems, and perform a complete physical examination and answer any questions you may have. A routine urinalysis (including STI screening) is also recommended to rule out infection, kidney disease and diabetes. In addition, your child will receive his/her Menveo #2 (of 2) (Meningococcal meningitis ACYW booster) at age 16, Meningitis B vaccine #1 (of 2) called Bexsero at age 17, Tdap booster at age 18 years and again every 8-10 years. The flu vaccine will also be given annually during well visits during the months of September through March. It is recommended that all girls have an annual CBC once they begin their periods. Girls are referred to GYN at age 21 to begin annual well woman exams. Starting at 15 we ask both the parent and the patient to complete a confidential Bright Futures pre-visit questionnaire. These are available at the office or can be found on our website at www.4moms4kids.com. Your child will also be asked to a Patient Health Questionnaire to help assess any risk/red flags for depression as well as a CRAFFT questionnaire to assess for risk of substance use/abuse.

* Many pediatricians stop seeing patients once they reach 18 years of age, Dr. McAuliffe continues to provide them both well and sick care until the age of 22 years. This is to foster the doctor patient relationship that has already been established, especially in light of potential risk-taking behaviors that begin during these formative years.